

# WEDNESDAY EVENING AFTER SCHOOL SAILING



## Beginners After School Sailing

Wednesday 6pm-8pm

Instructor led session. No previous experience is required. Beginners up to RYA Stage 2.



## Practice Sailing

Wednesday 6pm-8pm

No instructor. Safety cover provided. Must be Stage 2 or above.

*Both activities are run on a pay per session basis. Advanced booking required.*

**Please contact *ESSA Bookings* for more details.**

[bookings@essa.org.uk](mailto:bookings@essa.org.uk)

07483 336741 [www.essa.org.uk](http://www.essa.org.uk)

ESSA Water Activities Centre, Central Lagoon,  
Meadgate Road, Nazeing, EN9 2PB

